



## Feelix brightens work skills prospects!

### FEELIX-GROUP

is for people who are in a transition phase, thinking about their future and the skills needed in the future working life. The groups are mainly meant for the young people but people from any age group can participate.

Learning difficulties are not an object but actually a requirement for a Feelix-group candidate.

At the start, Feelix-peer group gathers once a week. Later the gathering schedule is agreed according to the group members wishes.

### What subjects are discussed in the Feelix-group?

In the group gatherings we are discussing about the future and future work skills as well as other things you find interesting, in a pleasant atmosphere.

### The themes included are, for example:

- New situations; the difficulties of expressing yourself, courage, knowledge
- Interaction skills
- Modern fractured work life and subsistence (social security, earnings, billing)
- Modern tools
- Mobile economy, entrepreneurship, the possibilities of coding etc.

The themes are selected according to group members interests.



Picture: Gerd Altmann/Pixabay



Picture: RENE RAUSCHENBERGER/Pixabay

Feelix- peer groups will help you to look at the future with more confidence and give you important knowledge that will assist you to move forward, whether you're thinking about education or working. In the peer group meetings you will get a sense of the work skills required in the future as well as a possibility to practise the most important ones to you.

You will get a certificate of attendance\*, which includes the themes you've have orientated yourself with in the group gatherings.

\*The certificate requires the attendance of no less than 80%.



### Feelix – Future work skills -project

(1.4.19 – 31.3.2022) is funded by the European Social Fund.

The main goal of the FEELIX project is to develop through domestic and international cooperation peer groups that concentrate on future work skills to complement the transition services of young people and others in a similar kind of situation.

The main result of the project is Feelix peer group model that concentrates on future work skills to complement the transition services of young people and others in a similar situation.

The project is administrated by Satakunta University of Applied Sciences. The main partner in Finland is VALO coaching association.

Project personnel makes study visits during which the best practices of European partners will be documented.

The international partners are:

- Blekinge Centre of Competence/Blekinge Kompetenscentrum, Sweden
- Stebo, Genk, Belgium
- Municipality of Popovo, Bulgaria

### Notes: